
SETTING THE STANDARD

Hello, My Name is Ty Harwood I am the Sales Director of JPR Controls Pty Ltd. On September 2nd 2007, 20 people and I from Executive Fitness and Management Mitcham South Australia headed out on a challenge of a lifetime to retrace the footsteps of our **Heroes** on the **Kokoda Trail**.

The Kokoda Trail traverses Papua and New Guinea over rugged mountains rainforest and Clear Mountain streams.

Our target was the small town of Kokoda .Mountains, ankle deep mud, vertical cliffs and clear mountain streams. 9 days 6.5hrs per day on average 96kms as the crow flies. 30+deg C 100% humidity we were challenged in every facet.

Our challenge was to find an electrolyte replacement that was compact, easy to mix and tasted great.

Sqwincher Qwik Stiks gave us the necessary electrolyte replacement that was needed.

The small packets and 4 different flavours were just what the team needed on our averaged 6.5hr daily treks. **Sqwincher Qwik Stiks** helped us maintain our rehydration in possibly the harshest environment we all have ever been in.

Sqwincher Qwik Stiks gave us all a small lightweight great tasting electrolyte replacement that help us conquer one of the most challenging and rewarding adventures of all of our lives.



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