

Mr. Terry Houlihan  
Managing Director  
Pryme Australia Pty Ltd  
10/38 Limestone Street  
Darra QLD 4076

Dear Terry,

On behalf of the Caxton Street Crawlers and the Ice Works Walkers, I am writing to say sincere thanks for your kind supply of Sqwincher product for our Kokoda Challenge we completed last weekend.

To a man we have no doubts at all that the Sqwincher gave us the big edge we required to complete the grueling 96km walk through the Tambourine Mountains. The two groups of walkers that set off early Saturday morning from varying backgrounds, ages, fitness levels knew nothing of what to expect over the next 28 hours.

I am happy to say that of the 220 groups of 4 that started the Challenge, only 51 groups finished the full 96 km journey they embarked upon. Caxton St Crawlers & Ice Works Walkers were 2 of the 51 finishing groups. Blisters a plenty, sore muscles, aches and pains were evident among us all, but at no stage did any of the 8 members suffer from cramp or dehydration. Sqwincher was that reason. I cramp quite regularly while competing in endurance events and other members in our groups were of the same opinion, without sqwincher the 96km journey would not have been possible. Vaseline and Nurofen were also popular walker's friends.

Terry thanks very much for your generous supply of Sqwincher for the boys. While we won't be tackling the same challenge again I have no hesitation in endorsing the product for any endurance event. I even have my son's footy team enjoying the benefits of Sqwincher, and they like the taste of it. You've done well, because we know how fussy teenagers can be.

Thanks again for all your support

Anthony Herbert  
Ice Works Walker